

**COLLEGE
MAGAZINE
2013-2014**

Editors's Desk

Living up to Sinhgad College's motto—"Ever to Excel"—makes those of us at the Sinhgad college acutely conscious of the future and our charge to build a nursing workforce capable of meeting the world's health needs. So I am delighted to share with you this issue , which highlights some of the ways in which we are building our faculty, our curriculum, our research capabilities, and the brick-and-mortar foundations of the college itself.

This edition introduces new faculty members, each of whom brings singular strengths to our efforts to build future nurse leaders. It includes an articles both related to curricular and research activities. Our physical surroundings have been much on my mind lately as we look ahead Our new location will give us close to 80 percent more space in which to build a nurturing environment where future nurse leaders can learn, live, and enjoy.

Fernandes Perpetua

Editor in Chief.

***ACADEMIC
SECTION***

There has been a lot of improvement and changes in the education pattern and implementation. These changes have been of great help in molding the students as future graduates and making them an all-rounder.our academic Journey started from June 2013.Dr Rekha Ogale a dynamic personalaity took up the charge as Principal with great zel and vigor.

For the preparation for the university Practical Examination on 17/06/13, Principal, Dr Ogale conducted an Inservice education for the staff of SCON on the roles and responsibilities of the faculty and staff during University Practical Examination. In that Madam explained the various roles and responsibilities of the Convener, Expert Assistant, Qualified Nurse, and various personnel involved.

Before the commencement of the academic year, for planning and preparation of the teachers and to enhance their teaching skills, Principal Dr. Rekha J Ogale, arranged lesson plan preparation & presentation of each teacher in the college. Principal Dr. Ogale herself guided the teachers on various aspects & methods of teaching. Presentations for teachers were scheduled by the Academic coordinator along with Principal from 16/07/2013. She evaluated all the sessions along with the teachers and gave her expert guidance on various aspects of teaching which helped the teachers of SCON in improving and enhancing their skills.

New Academic year 2013-14 commenced from 1st of August 2013. First day of the new academic year started with orientation to the course, syllabus, rues & regulations for each class by the respective class coordinators. The courses commenced from 1st of August were 2nd yr B.B.Sc.Nsg, 3rd yr B.B.Sc.Nsg, 4th yr B.B.Sc.Nsg, 2nd yr P.B.B.Sc.Nsg & 2nd yr M.Sc.Nsg and the percentage of attendance on the first day was 83%, 100%, 96%, 84% and 100% respectively The classes for 1st yr B.B.Sc.Nsg, 1st yr P.B.B.Sc.Nsg & 1st yr M.Sc.Nsg did not started due to admission procedures to the course.

Students participated at State Conference that was held in Ratnagiri from 26th to 28th September 2013. Participants, delegates, resource person were all over the state attended the conference.

New courses

On **30th September 2013 the orientation Programme** for First year Basic BSc Nursing, First year Post Basic B.Sc Nursing and First Year MSc nursing was conducted in the Lecture Hall no- 1 in SKNMC & GH. The program was an opportunity for all the newly admitted students to learn how to navigate through the campus and introduction about the STES society. During the program the students were oriented about the nursing profession, schedule of classes, Financial aid and scholarships, Hostel and Meal plans ,Books, Tutorials, Co-curricular activities, and many other campus resources. The classes for 1st yr M.Sc.Nsg started from 7th October 2013 with the orientation to the course, syllabus, rules & regulations and areas of experience under each speciality were explained by the class coordinator, Mr. Vishal Naikare. Classes also commenced for 1st year P.B.B.Sc.Nsg on 7th October 2013 with orientation of the department, syllabus, clinical areas were arranged by the 1st year P.B.B.Sc.Nsg Co-ordinator, Ms. Leena Aswale and her departmental staff. Out of 41 students, 23 were present on the first day.

National Conference on Research Methodology: 22nd & 23rd November 2013

Sinhgad college of Nursing had organized a national conference on 22nd & 23rd November 2013 on Conducting Nursing research: Applying nursing research in practice, to provide an opportunity for nurse researchers to enhance the development of their knowledge in nursing and health care; synthesize new knowledge and practice as guided by nursing research. The conference promoted linkages between clinical and academic scholars; and also provided opportunity for nurse researchers for development.

There were five plenary scientific presentations, four scientific presentations. The scientific oral and poster presentations which helped sharing experiences and dissemination of knowledge were also organized.

The conference Chairperson was Principal Sinhgad college of Nursing Dr. Mrs Rekha. J. Ogale. The Inauguration programme was held where the chief guest for the conference was Hon'ble Prof. Dr. Arun Jamkar, VC MUHS, Nashik, Hon'ble President Prof. M.N Navale Sir were also present. Keynote address was given by Smt. Rachel George I/C Registrar, MNC Mumbai

Alumni meet and cultural events were also organized during the conference which received a good response. The conference was a great success

Training of Trainers: IMNCI workshop:

TOT IMNCI workshop Held on 5th, 6th, 7th February 2014 at SCON 63 nurses participated in the same. The workshop was planned in collaboration with Health and Family welfare training center, Aundh. The workshop started with a short inauguration programme. Teachers from SCON were called as resource persons. The workshop got a good response. Certificates were distributed at the end of the workshop.

***SOCIAL SERVICE
ACTIVITES***

NSS SPECIAL CAMP

Sinhgad College of Nursing under Maharashtra University of Health Sciences organized NSS special camp for academic year 2013 – 14, from 27th January to 2nd Feb 2014 at Kadve village, Panshet, Pune.

Total 37 NSS volunteers were taken for camp along with Mr. Hanuman Bihnsnoi NSS officer, Mr. Amol Ahirrao Asst. NSS officer, Ms. Sheetal Aswale, Ms. Prajakta Chopade & Mr. Dheeraj Salve class teachers also accompanied the camp.

DAY 1 - On 27th jan all NSS volunteers with teachers were called for instructions & details of camp. On the same day at 1 pm we all left for camp in our college bus with all luggages. At 9am we reached Kadve.

Students were introduced to Mrs. Nanda Thakar Sarpanch of the kadve village. All our staying facilities were told to us by the sarpanch. After that Mr. Hanuman Bishnoi discussed all plans and activities to be done in NSS special camp with volunteer.

DAY 2 - On 28th jan at 5am we all gathered at ground within the village for morning exercise. 7am to 9am time was given for refreshment. The breakfast meal was 'Poha' with Tea. At 10am we gathered at common meeting hall in village for inauguration of camp. Mrs. Nanda Thakar Sarpanch, Mr. Baban Thakar, Mr. Rahul Thakar from the village & NSS officer with other teachers was present for the inauguration & felicitation was done. Mr. Hanuman introduced us about NSS its meaning, origin, functions, etc followed by the speech of Mrs. Nanda Thakar Sarpanch about the contribution of NSS volunteers towards village from last two years. A NSS volunteer Ms. Neha told in brief about the NSS work to be done in this last camp. The program was concluded with vote of thanks given by Ms. Mrunali NSS volunteer.

The program ended by 2pm and followed by lunch till 2:30 pm. The meal included Roti, Dal, Rice & potato sabji.

At 4pm all NSS volunteers along with teachers gathered in common hall for practice of Rally. At 5pm rally started with the theme of “Water Conversation”. Posters & Slogans were made. Rally was taken through three parts of the village all along the streets & gathered villagers for street play which was performed by our NSS volunteers. The rally ended by 7:30 pm. Dinner session started by 8 pm to 10 pm with meal of ‘Pitla Bhakri’. At 10:30 pm meeting of all students with NSS teachers was done for planning of next day.

DAY 3 – On 29th Jan at 5 am all students gathered on ground for morning exercise with yoga. 7am to 9am bathing & breakfast. At 10 am we all gathered at common meeting hall for Gram Svacha Abhiyan. All roads within the village were swept. All plastic from the village was collected & dumped it was continued upto 2 pm. 2:30 to 3:30 pm lunch.

At 4pm all students & teachers gathered at meeting hall for practice of rally. At 5pm started for rally with the theme of “Superstition”. Posters of slogans were read out loudly throughout the streets of village & also performed a skirt on “Superstition” by students. 7:30 to 9pm dinner followed by bonfire & cultural activity was planned within the NSS volunteers which end up at 10:30 pm.

DAY 4 – On 30th Jan 14 at 5 am all students gathered on ground for morning exercise with yoga. 7am to 9am bathing & breakfast. At 10 am we all gathered at common meeting hall for “Health Checkup” camp was organized for school children. The diagnosis was dental carries, squint eye, anemia. Health checkup camp ended at 1:30 pm. Drawing competition was organized for schoolchildren & was ended at 2:30 pm. 3 – 4:30pm lunch. At 4:30 pm all gathered at meeting hall for practice of rally. At 5:15 pm rally started with the theme of “Road Traffic

Accident”. Slogans were read out & street play was performed in the village by NSS volunteers. 8 – 10 pm dinner.

DAY 5 – On 31st Jan 14 at 5 am all students gathered on ground for morning exercise with yoga. 7am to 9am bathing & breakfast. At 10 am we all gathered at common meeting hall for “PAP smear examination” camp. The guest for this camp were Dr. Rekha Ogale, Principal Sinhgad College of Nursing, Mrs. Sujata Sawant & Mrs. Kalpana Bhandari Asso.Prof Sinhgad College of Nursing, Mr. Hanuman Bhishnoi Lecturer Sinhgad College of Nursing, Mr. Amol Ahirrao Asst. NSS Officer, Ms. Sheetal Aswale & Mr. Dhiraj Salvi. Mrs. Nanda Thakar, Sarpanch of Kadvegaon, Mr. Dhondiba Jagade, Mr. Baban Thakar, Mr. Rahul Thakar were present for camp, & felicitation was done by NSS volunteers.

Program started with a welcome song by NSS volunteers followed by speech of our Dr. Rekha Ogale, Principal mam. Mrs. Kalpana Bhandari explained women about importance of PAP smear & its collection. Dr. Rekha Ogale inaugurated the camp by cutting ribbon with Mrs. Nanda Thakar & other dignitaries. Later on prize distribution was done on drawing competition held in school. Program was concluded by vote of thanks by NSS volunteers. 2pm to 3:30pm lunch. At 4pm all students & teachers gathered at meeting hall for practice of rally. At 5pm started for rally with the theme of “De-Addiction”. Posters of slogans were read out loudly throughout the streets of village & also performed a skirt on “De-Addiction” by students. 7:30 to 9pm dinner. At 10:30pm gathered together for planning of next day program.

DAY 6 – On 1st feb 14 at 5 am all students gathered on ground for morning exercise with yoga. 7am to 9am bathing & breakfast. At 10 am we all gathered at common meeting hall & a cricket match was planned within NSS volunteers. Lunch 2 – 3:30pm. At 6pm all students gathered together at common meeting hall for cultural program. The children from villagers danced & enjoyed the evening of

cultural program. NSS volunteers also performed the group dance & solo dance. The cultural event ended at 8:30pm. Dinner 9 – 10pm. At 10:30 pm all gathered in front of temple of village for bonfire had cultural activity; games were done within NSS volunteers.

DAY 7 – On 2nd Feb 14at 7 am all NSS volunteers had tanks giving rally in the village. After breakfast at 10.30am we had meeting with Sarpanch and village leaders to seek their feedback. volunteers packed laguage and at 4pm camp concluded.



***CELEBRATION
OF
HEALTH DAYS***

❖ **World AID's Day celebration:**

On occasion of world AID's day a dance competition and poster presentation at state level was planned by Sadhu Vaswani College of Nursing in collaboration with DISHA NGO on 30th Dec 2013 at Phoenix Mall, Viman Nagar. The theme was “ Zero newer infection, Zero deaths and Zero discrimination by 2015”. Students participated in the Dance competition and performed a 7 min dance on the theme. Mrs Perpetua Fernandes was the judge for poster competition. Sinhgad College of Nursing won the **FIRST** prize for the Dance. They were awarded by a trophy and certificates by the Mayor of Pune Mrs Chanchala Kodre.

❖ **SCHOOL HEALTH PROGRAMME-**



The students of 2nd year P.B.BSc. Nursing conducted the school health programme on 6th Dec. 2013 at Z.P.P.School Yewalewadi.

Permission from school from the school was taken. Students were divided in various groups and started Programme with small inauguration event at 10am. Children were registered and health check up cards were given. One book was also maintained to enter the name of students





Health assessment as per systems i.e. ENT, CNS, GI, Respiratory Genitourinary, Anthropometric and vital signs etc was carried out to rule out various health problems. Two separate groups were done one group for boys and another group for girl's examination

All health problems identified by the group was mentioned on the card and also recorded on registration book. The major problems identified were marked specially for referral to higher centre.





Health education to the students was given with the help of Posters, flash cards, pictures and also LCD presentation used by group for better understanding of topic. Following topics were included personal hygiene, exercises & its importance, nutrition, healthy habits, environmental sanitation, prevention of accidents and road safety. The students of 4th, 5th, 6th & 7th standard were the target group. For girls of 7th standard health talk regarding menstrual hygiene was included. Prizes were also given for best answer and summary of topics in the form of sketch pens & pens. College received a positive feedback for the students.



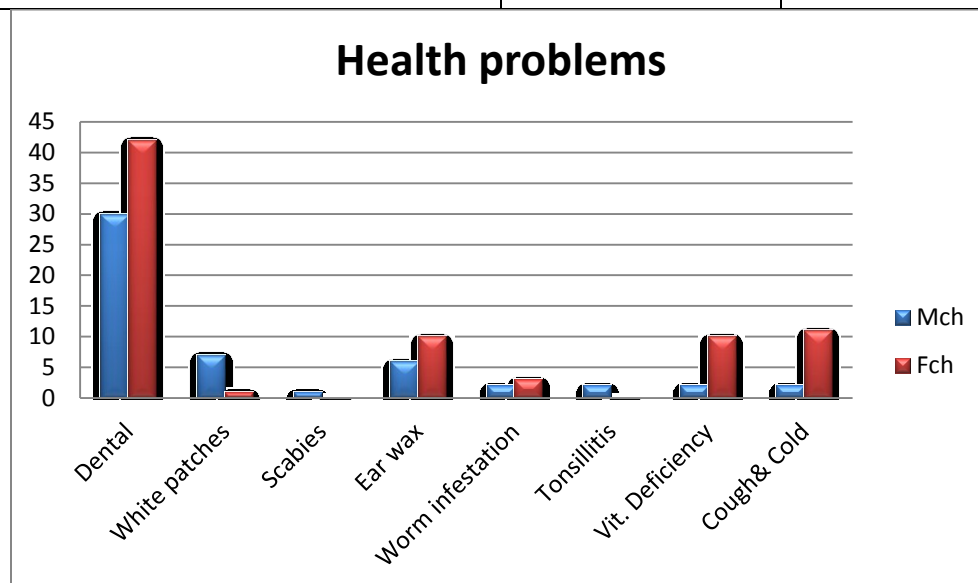
Recreational activities in the form of games were arranged as per the ability of the students and their academic excellence like Throwing balls, Writing ABCD, Following order of standing & sitting, Memory testing, Putting bindi to seniorita, Quiz competition and Pyramid making etc. Prizes were given to 2 winners from every game and also 13 prizes given as 'Healthy baby prizes'.

A 'First aid box' given for the school. The school staffs were very happy with our performed programme, and appreciated the informative health education, recreation and other all activities.



From a short survey we found following health problems.

Health Problems	Mch	Fch
Dental carries	30	42
White patches	7	1
Scabies	1	0
Ear wax	6	10
Worm infestation	2	3
Tonsillitis	2	0
Vita. Deficiency	2	10
Cough & Cold	2	11



❖ WORLD TUBERCULOSIS DAY CELEBRATION (24 MAR 2014)

On the occasion of world tuberculosis day (24 mar 2014) the student of IInd year P.B.B.Sc. Nursing and IInd year M.Sc. Nursing along with their faculty members have performed many activities in the “Kusgaon, Lonavala” community area. The faculty members present were Mr. Amol Ahirao, Ms. Priyanka Kale, and Mr. Zuber Sanadi. The programs were carried out with the coordination of District Tuberculosis Office (DTO). The representative of DTO present was Mrs. Pratima Madam, District Tuberculosis Project Officer.

The activities which were carried out are

1. Rally
2. 2 Street play

3. Poster and model exhibition

4. Health talk

The rally was carried out at 9:30 am from Rural Health Training Centre, Kusgaon, Lonavala , taking a walk of 3 km around the village with various banners and slogans. First group has performed the street play on information and prevention about tuberculosis. The rally then continued from the school to the community. The rally was formed to create awareness by campaigning for prevention of Tuberculosis. The end point of the rally was at the Gram-Panchayat office. At Gram Panchayat the second street play was performed by other group.

DAYS
CELEBRATION

❖ **Teacher's Day:**

Teacher's day was celebrated on 5th September 2013 in FON Lab by the S.Y.P.B.BSc students. Teachers were welcomed with flowers and greetings. The program started with the briefing of history about Dr. Sarvapalli Radhakrishnan in which his life events were highlighted. Mrs Sujata Sawant delivered speech on this occasion. One minute games were organized for the teachers by the students.

❖ **Onam & Ganesh Chaturthi Celebration:**

On 17th September Onam and Ganesh Chaturthi celebration was carried out. The program began with a welcome dance performed by Mr Pawan. Tribhuwan followed by narration of the epic of Lord Ganesh in form of drama. Even the story of King Mahabalipuram was narrated. Students performed the traditional dance of Kerala i.e Tiruvadra.the entire college was decorated with rangoli and attapu..

❖ **Gandhi Jayanti and Nonviolence day**

On the occasion of Gandhi jayanti and non Violence day and essay competition was organized for students in English and Marathi on the theme.

❖ **Dassera Pooja:**

On occasion of dassera , the rituals were carried out and a Pooja was performed by Principal Dr Rekha Ogale and the teaching and non-teaching faculty .

❖ **International Women's day: 8th March 2014**

The 2nd Yr M.Sc Nsg students of the Community Health Nursing organized a programe for the female students and staff of Sinhgad College of Nursing on the occasion of International Women's day . The Theme for the day 2014 was **"Inspiring Change"**. Welcome of the students and staff was done with rose.

THE FOLLOWING PROGRAMMES WERE ARRANGED:-

1. Poster Competition.
2. Essay Competition.
3. Quiz Competition.

A. POSTER COMPETITION:

THEME: Equality for Women is Progress for all

The poster competition was held on 6th March, 4-5 pm in Fundamental of nursing lab. Total 7 students were participated from all classes, among them 2 best posters were given 1st and 2nd prize respectively. Dr. Mrs. RekhaOgale, Principal was the judge of the competition. Ms. Sheela Mohite was the incharge of the programme.

B. ESSAY WRITING COMPETITION:

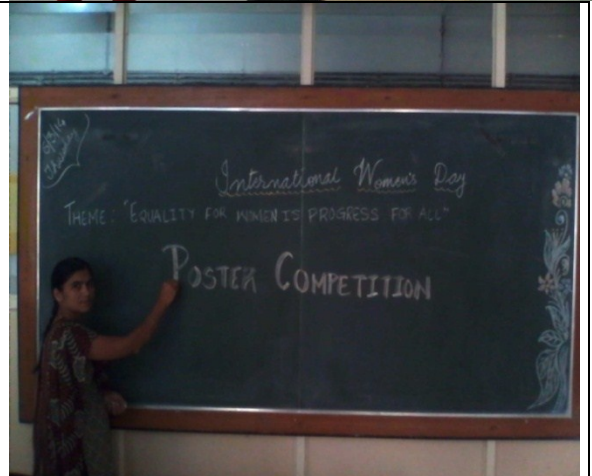
THEME: Equality for Women is Progress for all

The essay writing competition was held on the 7th of March, 9-10am in Fundamental of nursing lab. Total 13 students were participated from all classes, among them 2 best essays were given 1st and 2nd prize respectively. M/s. Perpetua Fernandes was the judge for the for essay writing competition. The 1st and the 2nd winner were given opportunity to present their essay after prize distribution ceremony. Mr. Bardeskar Nikhil was the incharge of the competition.

C. QUIZ COMPETITION:

THEME: Achievement of Women Globally

The quiz competition was held on the 7th of March, 2-3pm in Fundamental of nursing lab. The 7 teams participated in the competition, to represent their own class. The quiz was conducted in three rounds. One team was declared as the winner. The competition was conducted by Mr. Samson Kurane and the points were calculated by Mr. AmitSalvi and Mr. Bardeskar Nikhil. Overall judge was Mr. Hanuman Bishnoi. The welcome song was sung by the final year P. B. B. Sc. Nursing students on the occasion of International Women's Day. The felicitation of Principal Madam and all female faculties was done by the male faculty of SCON. Ms. SheelaMohite felicitated all the female students of college by giving red rose. Dr. Mrs. Rekha J Ogale gave an inspiring speech on occasion of the International Women Day. The winners of the poster, essay writing and the quiz were given prizes by Dr. Mrs. Rekha J Ogale, Mrs. KalpanaBhandari and Mrs. Suchana Roy Bhoumik. The vote of thanks was given by Mr. AmitSalvi. From Teacher side Ms. Perpetua Fernandes.





❖ INTERNATIONAL NURSES DAY CELEBRATION

The International Nurses Day was celebrated on 12th May 2014 at Sinhgad College of Nursing. The programme started by lighting the lamp & garlanding the Florence Nightingale portrait. Ms. Leena Aswale Clinical Instructor SCON gave the welcome addressed. Mr. Vishal Naikare. Asso. Prof, SCON briefed the gathering

by unfolding the IND Theme; ‘Nurses: a Force for Change – A vital Resource for Health’ and inspired each one to bring the change at individual level which surely bring the change at International level.

Dr. Rekha Ogale gave the motivational speech for bringing out change in the nursing fraternity by doing the ideal things at personal levels. The programme concluded by vote of thanks followed by refreshment.

S.N.A
ACTIVITIES

❖ Farewell Programme

On 6-8-2013 Farewell programme was organized for the out going students of Second year M.Sc, Second year Post Basic & Final year Basic B.Sc Nursing students for the 12-13 batches. The programme was organized by the senior batches and the SNA unit of SCON. Momentos were distributed to the students of the out going batches and also speech was given by the Class coordinators of those batches and Principal Madam. The Programme ended with lunch for all.



❖ **National Biennial Conference, Surat , Gujrat on 17/11/2013 & 20/11/2013**

This year TNAI, New Delhi organized inter collegiate sports & cultural events at the State & National level. Ms. Sneha Meshram was selected at state level and then

attended the national conference with the faculty Ms. Shireen. Jose Total 25 students participated in spot painting and she got the 1st prize at national level

❖ **Participation at SNA Maharashtra State Conference, Ratnagiri: 26th To 28th September 2013.**

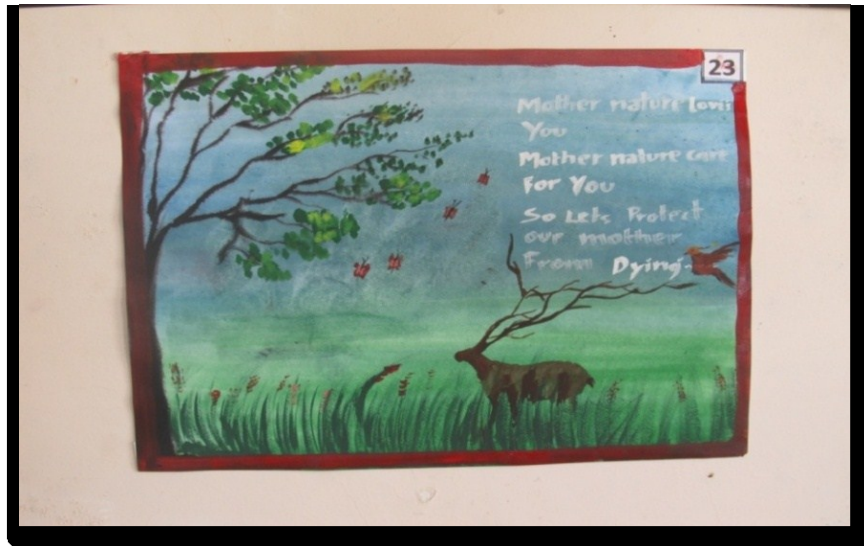
The XV Biennial SNA Maharashtra State Conference was held in Ratnagiri from 26th to 28th September 2013. Participants, delegates, resource person were all over the state attended the conference.

Ms. Leena Aswale, Clinical Instructor, SNA Advisor attended the conference with following list of students as participants and delegates –

- | | |
|-------------------------|----------------------------|
| 1. Mr. Vikas Nade | Final Year B.B.Sc Nursing |
| 2. Ms. Sneha Meshram | Final Year B.B.Sc Nursing |
| 3. Ms. Rashmi More | Final Year B.B.Sc Nursing |
| 4. Ms. Sneha Gaikwad | Second Year B.B.Sc Nursing |
| 5. Ms. Shalaka Kapadia | Second Year B.B.Sc Nursing |
| 6. Mr. Swastik Mule | Second Year B.B.Sc Nursing |
| 7. Mr. Sushant T | Second Year B.B.Sc Nursing |
| 8. Ms. Divya Choudhary. | Second Year B.B.Sc Nursing |

Day 1: 26/9/2013

The day began with registration followed by **SPOT PAINTING** event on the theme ‘Nature’ in which Ms. Sneha Meshram represented our college and bagged the **FIRST PRIZE**.



The next event was Health Education on the topic **‘Nursing as a Global Village – impact on Students’**. **Mr. Vikas Nade, Ms. Sneha Meshram and Ms. Sneha Gaikwad** exhibited the health education through the skit by highlighting the on the current issues. Though nursing has been highly technology friendly still there are some remote areas where health care and basic fundamental needs are not yet reached.

Post lunch session it was time for the student namely Ms. Shalaka Kapadia and Mr. Vikas Nade to participate in Personality Contest which had two rounds respectively. First round Sari for girls and formals with tie for boys. Second round consisted selection of only first 10 and answering to the questions by the juries. Last round was short listing only 5 in each set and writing the answer for common question. Our representatives were selected in top 10 contestants.



The day was concluded by cultural programme from the organizers.

Day 2: 27/09/2013

The day started as early by 7:00 am on the sport filed with events like 100 meter running race, disc throw and javelin throw.

Mr. Sushant Timande and Ms. Divya Chaudhari took part in 100 meter running race in which **Mr. Sushant Timande won the 3rd prize.**



Ms. Sneha Meshram and Mr. Swastik Mulay took part in disc throw and Ms. Shalaka Kapadia and Ms. Sushant Timande participated in Javelin throw.



Later on Ms. Veena Lele (President of Kokan Regional Branch of TNAI, Maharashtra Branch) did the welcome and introduction of chief guest and guest of honour.

Mrs. Seema Sane (Vice Principal, College of Nursing, Hinduja Hospital) did the opening of conference. Ms. Seema Bhagat (SNA Advisor, TNAI, and Maharashtra State Branch) presented the SNA report (2011 – 2012)

Presidential address was done by Mrs. Jyostna Pandit (President, TNAI, Maharashtra state branch) which was followed by felicitation of national award winners 2013 by Mrs. Panjana Parashar (SNA DMER, Govt. of Maharashtra)

Just before the lunch the SNA unit of Armed Force Medical College of Nursing Pune did the presentation and the topic was ***“Change is Challenges: Students Nurses Perspectives.”***

Post lunch session there was plenary session and the topic was ***“Nurse Educators as Role models: Students Expectation.”*** Which was done by SNA unit School of Nursing V.S. General Hospital Thane.

In evening cultural events took place in which the delegates of different SNA unit across the state took part. There was group as well as solo dance

Ms. Rashmi More of 3rd year B.B.Sc nursing participated in solo dance competition and got the 3rd prize and the day end on excellent note.

Day 3 : 27/09/2013

The morning session began with plenary session theme and topic was **“Quality Nursing Education: Everyone’s Concern.”** Which was done by SNA unit College of Nursing J.J. Group of Hospital Buculla, Mumbai. This was followed by business session and presentation of SNA report by Vice President of SNA unit.

After wonderful lunch **Valedictory Session** took place. Mr. Udayaji Samant (Minister of state for Urban Development) did the valedictory address as he was the guest of honour. Mr. Udayaji Samant also gave away the prizes to the winners of different event which took place in conference. Mrs. Swapna Joshi (Secretary, TNAI, Maharashtra Branch) concluded with vote of thanks. The conference ended with National Anthem.

❖ National Biennial Conference, Surat , Gujrat on 17/11/2013 & 20/11/2013

This year TNAI, New Delhi organized inter collegiate sports & cultural events at the State & National level. Ms. Sneha Meshram was selected at state level and then attended the national conference with the faculty Ms. Shireen. Jose Total 25 students participated in spot painting and she got the 1st prize at national level.

The event was very helpful as the students could able to participate at national level where she got to exchange their experiences and share ideas with other students coming from different parts of the country.

❖ **Fresher's Party:**

On 25th January 2014 fresher's party was organized for the F.Y.B.BSc, F.Y.P.B.BSc and F.Y.M.Sc.at the Krishna sunder lawns at 5 pm. The fresher's gave their introduction and based on their personality, presentation and confidence Mr and Mr Fresher were selected. The winners were:-

F.Y.B.BSc: Ms Priyanka Daiyagude & Mr Vivian. Selven

F.Y.P.B.BSc : Ms Kalpana & Mr Simon

F.Y.M.Sc: Ms Naina & Mr Yogesh.

Principal Dr. Rekha Ogale gave a warm welcome to all the students, which was followed by dance and singing performed by students. The teaching and non-teaching faculty did a ramp walk for the event. The party ended with dance jamming session and dinner.

❖ **SNA & TNAI Competitions - 17th and 18th February:**

Students from Basic BSc participated in SNA activities and P.B.BSc and M.Sc participated under TNAI at MKSS College of Nursing. In the two day schedule following students won the prizes.

Sr no	Name of the students	Competition	Prize
1	Julie Kharat	Solo singing	2 nd
2	Supriya Pawar	Rangoli	1 st
3	Supriya Pawar	Poster	1 st
4	Shradha Kadam	Mehandi	1 st
5	Rohit Desai	Mr Talent	1 st

6	Rohit Desai	Solo dance	2 nd
7	Ms Bhagyashri and group	Group dance	2 nd
8	Ms Shalaka Kapadia	Fancy Dress	2 nd

Golden Jubilee Celebration: National Conference at AFMC, College of Nursing. Pune on 8/2/2014.

National conference was organized on “**Theory To Practice – Realm & Reality**” in this context poster making competition on **Patient safety**. Debate on **NurseEducator & Clinical Nurse: Two Diverge Communities?** Were organized. A total of 20 students participated in Spot Painting and Ms.Sneha meshram bagged the 2nd prize.

TNAI CITY LEVEL SPORTS COMPETITION 2013-14 at MKSS Ground on 20/2/2014 & 25/2/2014

Every year TNAI PUNE CITY branch organizes inter collegiate sports & cultural events for individual events. Students were selected at college level and then entries were sent. Ms. Leena Aswale, Mr. Dhiraj Salve & Mr. Amol Ahirrao accompanied the participants at the venue.

Sr no	Event	SNA	TNAI
1	100 Mt running	2 ND Prize Ms. Divya Coudahri R. 2 ND Prize Mr. Satish	Ms. Komal Phalke

		Chavare	
2	200 Mt running	2 ND Prize Ms. Divya Coudahri 2 ND Prize Mr. Satish Chavare	-----
3	400 Mt relay	-----	1 st Prize Ms. Anita Gawade Ms. Komal Phalke Mrs. Julie Kharat Mrs. Anupama K
4	3 legged race	-----	1 st Prize Mrs. Sonali Deshmukh Mr. Julie Thorat
5	Cricket	-----	2 ND Prize Mr. Rohit Desai & team.

Total of 30 students participated in different events. The event was very helpful as the students were able to participate in inter collegiate events where they got to exchange their experiences and share their ideas with other students coming from different nursing institutes & courses.

STUDENT'S CORNER.

A caregivers Prayer

Lord, bless me this morning and each one I rise

With a wealth of strength, please bring hope to my eyes

Be sure I'm well-grounded for those in my care

*Even if the challenge becomes much to bear
Should this day bring hard ship, please help me to find
A beautiful memory for some peace of mind
Please shower my life with compassion and love
As I take my cues from your guidance, above
Lord, bless me this morning, as I make my, way
Please give me the laughter to warm someone's day
Be sure I am steady, be sure I am wise
Be sure I am ready, should struggles arise
If I shed a tear, Lord, I pray you will see
As I strive to put others' needs 'fore my own
Always stand beside me, so I'm not alone
Lord, bless me this morning and each one I live
So I'll remain focused on the care I give
Be sure I'm afforded the best tools allowed
To serve other, needs and in turn, make them proud
Please look down upon and offer a smile
So I will always know that my job is worthwhile
Let me treat each patient and illness the same
As worthy as this I have asked as in your name.*

A nurse's prayer

I dedicate myself to thee,
Oh lord, my god, this work I undertake
Alone in thy great name, & for thy sake .

In ministering to suffering I would learn the sympathy in the heart dead bone .
Take, them, mine eyes, & teach them to perceive.
The ablest way each sick one to relieve.
Guide thou my hands, that e' em their touch may prove.
The gentleness & aptness born of love.
Bless thou my feet, and while they softly treat .
May faces smile on many a sufferer bed.
Touch thou my lips, guide thou my tongue,
Give me a work in sermon for each one.
Clothe me with patience, strength all tasks to bear ,
Crown me with hope & love, which know no fear,
And faith that coming face to face with death
Shalle'en inspire with joy the dying breath.
All through the arduous day my actions guide,
All through the lonely night watch by my side,
So I shall wake refreshed, with strength to pray,
Work in me, through, with me lord, this day.

ANGELINA HEMENDRA

S.Y.P.B.B.SC

NURSES-WITH HEART OF GOLD

There are time in our lives when we sit down and wonder where our lives will lead us.Sometimes we get so caught up in our jobs that we forget what we truly represent.

*We get frustrated, aggravated, pushed to the limit and so mentally tired that we feel what is the use in being a **NURSE**.*

But then someone gives us a weak smile and hold our hands and say thank you very much.

Then we feel the warmth growing in our hearts. All the bad feelings disappears and placed by the core values that we present-

Human dignities, comparison, dedication, integrity, leadership and excellence. So when the bad feelings begin to show take the time to say this prayer,

Lord help me to bring comfort where there is pain. Courage where there is despair ,

Exceptances when the end is near A touch, gentle with tenderness, patients and love.

*And always remember all nurses are truly blessed because god gave us a **Heart of Gold**.*

By Devendra Sable.

F.Y. Basic. B.Sc. Nursing.

TEACHERS

Teachers paint their minds

*And guide their thoughts
Share their achievements
And advise student's faults
Inspire a love
Of knowledge and truth
As you light a path
Which leads our youths
For our future brightens
With lesson you teach
Each smile you lengthen
Each goal you help us to reach
For the dawn of each poet
Each philosopher and king
Begins with a teacher
And the wisdom they bring*

Miss Vibha Bijapurkar

First year basic B Sc Nursing

Nursing Through history

“Through the year the definition of nursing is evaluated, yet the focus of providing humanistic & holistic care has been preserved, nursing is an accountable discipline guided by science , theory, a code of ethics & the art of care & comfort to treat

human responses to health & illness. Nursing practice put the science & art of nursing into action.”

Nursing has been called as the oldest of arts & youngest of the profession. It has been valued in the existing culture, shaped by it & yet helping to develop it. “The nurse is the mirror in which reflected in the position of through the edges.”

Nursing has its origin in the mother care to helpless infant & must have co-exist with this type of care from earliest time. The word nursing derived from Latin word “Nuture”- nourish (noun-nutre i.e nursing mother French –norrice(nurse-women who th child who was not her mother.Original meaning was same “wet nurse”

In English in 13 century & its spelling underwent many from

- Norrice
- Nurice
- Nourice
- Nurse

Nursing is an art ,& if it is to be made an art it requires as exclusive as a devotion , as hard as preparation as any painters or sculptures for what is having to do with dead canvas or cold marble compared with having to do with the living body- the temple of god’s spirit ? it is finest fine art.

Mr Satish.
F.Y.Basic BSc.

JOKES

1) Suresh dials a number.....

A girl received,

Suresh : Hello aap kaun?

Girl: Mai Seeta.....

Suresh:Oh teri!!!!!!!!!! yeh toh Ayodhya mai lag gaya.....

Sorry Maate.....

2) In KBC Amitabh to sardar

Ganga river is in which state????

Sardar:Liquid state

Audience clapped

Amitabh shocked and turn behind ..

All were Sardars.....!!!!!!!!!!!

3) Raju brought a colour T.V

After reaching home Raju dipped the T.V in water.

Father:Raju what are you doing ?????

Raju: I am checking whether colour goes or not...!!!!!!!!!!

4) Hotel owner: Why you take the parcel daily??

Ramu: Doctor told me not to eat anuthinh in hotel..!!!!

5) Teacher : Why heart operation is called "Bypass".....

Appus: If operation is successful then "Pass" or else "Bye"

6)Principal: I tried your number so may times,it said switched off....!

Student: Ya its my "Caller Tune"

Principal Shocks.....!

Student Rocks.....!!!!!!

